



Name: _____

Roll No.: _____ Std 4 Div: _____

Date: _____

1. Write the importance of practicing personal hygiene.

2. At which place would you like to spend time? Why?

(a)



(b)



3. Why do you do following things?

(a) Bathe:

(b) Brush teeth:

(c) Comb hairs and keep hands clean:

(d) Trim nails:

4. Explain the saying: Cleanliness is next to Godliness.

5. ✓ the healthy practices, and mark the incorrect ones with X.

- (a) Abhijeet brushes his teeth once in two days.
- (b) Raj takes a bath and combs his hair before going to a party.
- (c) Adish trims his nails regularly.
- (d) Riya watches TV till late night.
- (e) Rishi likes to visit and play in the park every day.

6. Classify the following as dry waste and wet waste.

(used bottles, crushed cans, vegetable peels, broken glass, rotten fruits, dried flowers, used stapler pins, used aluminium foil, used tea, kitchen leftovers)

Dry Waste	Wet Waste

7. Give reasons.

- (a) We should always dispose off hazardous waste separately.

- (b) We should keep our neighbourhood clean.

8. Answer the following questions.

(a) How do the following insects harm us?

- Flies:

- Mosquitoes:

(b) What will you do to keep these areas clean: your classroom, canteen, and neighbourhood?

9. Match the following.

A	B
(a) Fly	(i) Batteries
(b) Mosquito	(ii) Fruits
(c) Dry waste	(iii) Typhoid
(d) Wet waste	(iv) Malaria
(e) Hazardous waste	(v) Paper




Answer: (a) – ____, (b) – ____, (c) – ____, (d) – ____, (e) – ____.

10. How does a lack of cleanliness affect the environment and animals? What will you do make our environment clean?

Self-assessment




✓ the picture that shows how you worked today.

I liked doing this work.

yes so-so no

I found this work easy.

yes so-so no

Teacher's remark:

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