



Name: _____

Roll No.: _____ Std 3 Div: _____

Date: _____

1. Write the following organs in the correct columns.

(eyes, heart, stomach, nose, hands, bones)

Internal Organs	External Organs

2. Write the functions of the following organs.

(a) Eyes: _____

(b) Nose: _____

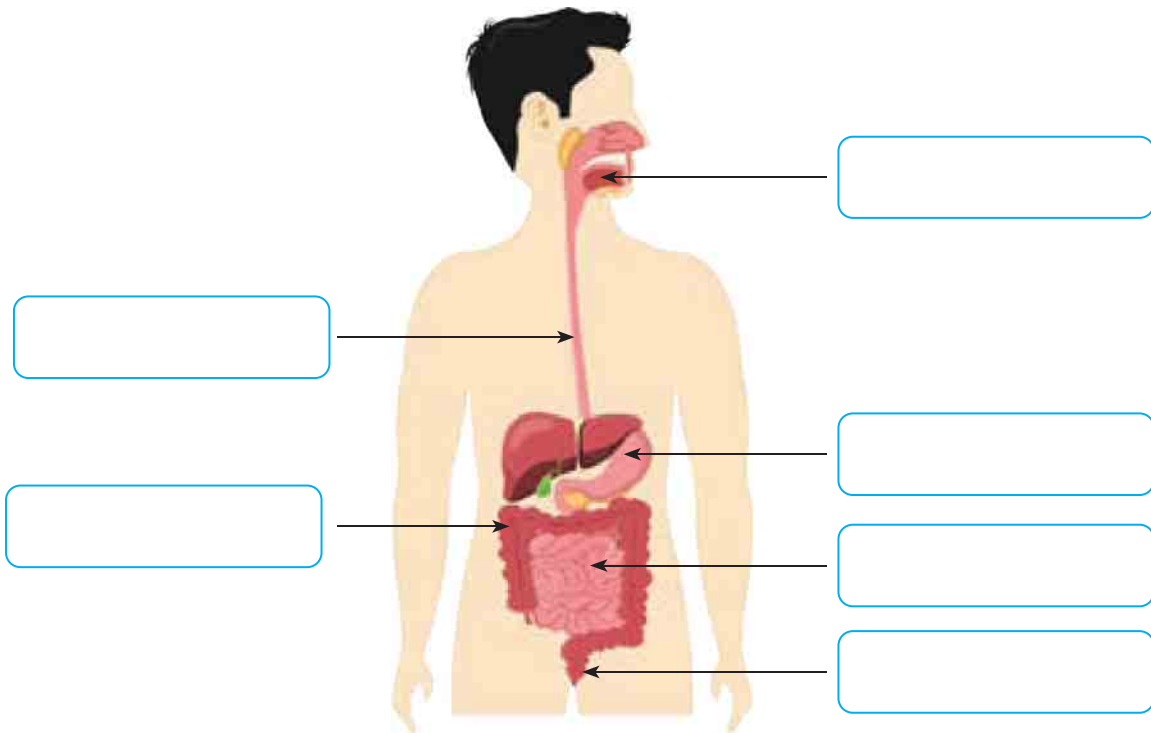
(c) Hands: _____

(d) Heart: _____

(e) Stomach: _____

(f) Bones: _____

3. Label the parts of the digestive system.



4. Write the functions of the following:

(a) Blood: _____

(b) Skeletal system: _____

5. Fill in the blanks with the correct option.

(digestion, skeletal system, heart, muscles, oxygen)

- (a) All bones are joined together and they form the _____.
- (b) The _____ attached to a bone pull the bone and make it move.
- (c) Blood carries _____ from the lungs to different parts of the body.
- (d) The _____ pumps blood to all parts of our body.
- (e) The process of breaking down of food into simple substances is called _____.

6. ★ the activities / habits that are good for the health of bones and muscles.

(a)



(b)



(c)



(d)



(e)



(f)



7. State whether following statements are true or false.

- (a) Muscles help us smile, talk, and walk. _____
- (b) The skeleton gives shape and support to our body. _____
- (c) Blood tubes and the heart form an organ system called the digestive system. _____
- (d) Sitting in a wrong posture for a long time does not cause any problem. _____
- (e) Digestion of food begins in the large intestine. _____

8. Write 3 ways how bones and muscles help our body.

9. Guess the organ.

- (a) I am the harder part at the front of your leg: _____
- (b) I act like transport system in your body: _____

- (c) I am the softer part at the back of your leg: _____
- (d) I absorb water from undigested food: _____
- (e) I am the connection between mouth and stomach: _____

10. Answer the following questions.

- (a) Name the organs of the digestive system.

- (b) What is the importance of skeletal system?

11. Give reasons.

- (a) Every part of our body needs blood.

- (b) We should practise good posture every day.

Self-assessment

✓ the picture that shows how you worked today.

I liked doing this work.



yes



so-so



no

I found this work easy.



yes



so-so



no

Teacher's remark:

.....