



Name: _____

Roll No.: _____ Std 3 Div: _____

Date: _____

1. All about me.

My name is _____.

I am a boy / girl _____.

My best friend is _____.

I like to play _____.

2. Draw and write the name of your favourite...

(a) Food: _____

(b) Vegetable: _____

(c) Toy: _____

(d) Animal: _____

3. Write 3 things that make you angry. How do you calm yourself down?

4. You are watching your favourite TV program and your grandfather asks you to help him find his medicine. What will you do?

5. ★ mark the habits that are good for your health.

(a)



(b)



(c)



(d)



(e)



(f)



6. When will you use the magical words given below?

(a) Sorry:

(b) Thank You:

(c) Welcome:

(d) Please:

7. Write 4 activities that keep your body and mind happy.

8. ✓ the good behaviour and ✗ mark the bad behaviour.

(a) Rehman exercises daily and eats healthy food.

(b) Neha keeps awake till late night, playing on the mobile.

(c) Joanna helps her friends in completing their homework.

(d) Vijaya stops talking to her friends when they do not agree with her.

(e) Aniket always blames others, even for his mistakes.

**9. To stay happy, we need a healthy body and a healthy mind. Do you agree?
Give reason for your answer.**

Self-assessment

✓ the picture that shows how you worked today.

I liked doing this work.



yes



so-so



no

I found this work easy.



yes



so-so



no

Teacher's remark:

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